

Merry Christmas and A Happy New Year!

CASA Newsletter

Capital Area Soccer Association

Volume 2011—ISSUE 12

SEASONS GREETINGS

No matter what your winter activity is, it is important to put family time first. With one soccer season moving into another, players and parents should remember it's ok to take a break now and then from the hustle & bussle of soccer schedules.

With each soccer season brings opportunity to keep on top of basics skills and have some fun or step the skill and game level up a notch. Each family determines what opportunities to take advantage of.

Indoor soccer is in full swing with 165 players (16 teams) practicing and attending tournaments this winter. **THANK YOU** to the Pierre School District, Community Bible Church and the Boys & Girls Club for allowing us the use of gym space. With the City Auditorium being unusable, these facilities were really great to work with in allowing our group to use gym space during the winter months.

SPRING SOCCER IS RIGHT AROUND THE CORNER

Registration for Spring Soccer begins on-line January 23rd. Go to www.pierresoccer.com to register.

With each soccer season comes the need for many volunteers. During the registration process this year, you will have a variety of volunteer areas to pick from. Knowing that everyone's schedule is very busy with work and activities, these options are a starting point for many hands making light the work.

Please review the different **Volunteer Areas** in this publication to see where your time and talents best fit for your child participating in soccer.

There are also many dates and events to make note of in this edition. Catch up on the latest soccer news and consider the different areas to help make soccer fun and safe for all those that participate.

Think Spring!



VOLUNTEER AREAS

Many hands make light the work and our parents make this program successful each season. Below is a description of the different areas that you can sign up for during registration. There are also some Coordinator positions that need an organized person to work with these volunteer groups.

We look forward to working with you.

COACHES—Your child’s team will need a coach to help them learn the game of soccer and all the fun and exercise that comes with it. **“I’m helping Coach...NOW WHAT?”** CASA offers training for everyone and will also match you up with a parent that has coached before to bounce ideas off of. This spring CASA is offering Coaching Module Trainings on March 31st. Mark your Calendar to attend this mandatory training. See details under **TRAININGS** in this edition. Getting our coaches working on similar skill groups is important. It allows coaches to work together toward the goal of moving their players to the next level. Thank You to all those parents that coach each year!

ASST COACHES—It is important for each team to have a Coach and an Asst Coach. With our busy schedules, having two coaches per team helps keep schedules working well so that someone is always able to coach. Two coaches also helps in organizing players at practice and games and having that extra set of hands to keep everyone safe. Asst Coaches are required to attend the March 31st Coaching Module Training also. Mark your calendar.

SAFETY COMMITTEE—This committee will be chaired by the *Risk Manager*. This group will be responsible for field and goal safety. Each team will need to have a parent that helps with making sure goals are secure for that game. As we move goals around for different nights and groups, it is important for goals to be anchored for safety of our players and fans. It is everyone’s responsibility to keep players and fans from hanging on any goal, no matter what size it is. Thank you for signing up for

this area during registration, it will take all of us to help keep fields clean and safe for everyone.

EQUIPMENT COMMITTEE—This committee will be chaired by the *Equipment Coordinator*. This group will help make sure goals and nets are ready for each season. Each spring nets need to be put on goals and goals moved to the fields. Each fall those goals need to be moved off fields and nets removed for storage. During each season, this group can help access damaged nets/goals and report to the board.

FIELD COMMITTEE—This committee will be chaired by the *Field Coordinator*. This group will help with field layout each spring and fall. Many hands are needed to string and paint field lines. Fields are maintained by the Field Coordinator during the season. This is a half day process with enough help. Fields are usual done a week before games start.

FUNDRAISING COMMITTEE—This committee will be chaired by the *Fundraising Coordinator*. This group will coordinate fundraising opportunities for CASA.

COMMUNICATION COMMITTEE—This committee will be chaired by the *Website Coordinator*. This group will work together on upkeep of the Website, Monthly Newsletters, along with articles to the Radio and Newspaper. If everyone takes a little piece, it doesn’t become overwhelming for one person in our busy lives.

AWARDS COMMITTEE—This committee will be chaired by *Division Coordinators*. This group will develop criteria and process awards locally. Some award areas move onto the state, region and national levels.

TOURNAMENT COMMITTEE—This committee will be chaired by *Tournament Coordinator*. This group will help with local tournaments.



COORDINATOR POSITIONS

The following coordinator positions are vacant and will need to be filled before March 1st. If you are interested in helping, please email at pierresdsoccer@hotmail.com for more information.

RISK MANAGER—Assists the board of directors with risk areas of facilities, coaches, equipment, etc. This coordinator would keep up-to-date on any issues for the area or state and work with the state soccer association on background checks for all volunteers.

FIELD COORDINATOR(S) - This person or this crew is responsible for field preparation at the beginning of each spring and fall season. Painting soccer fields 1—2 times a week for 6—7 weeks is the bulk of this position. This is a paid position.

EQUIPMENT COORDINATOR(S)—This person organizes goals and nets at the beginning and end of each season. They will coordinate volunteers to assist with these times of year.

TOURNAMENT COORDINATOR—This person will run any locally held tournaments with the volunteers signed up for this committee.

NEW RATES for 2012

The CASA board voted last month to raise the registration fee for Spring and Fall soccer seasons. Rates have not been raised for the past 5 years and remain some of the lowest in the state. Currently U6 players pay \$25 and that will raise to \$30. U8-U13+ players pay \$45 and that will raise to \$50.

Below you will find a break down of where your soccer fees go. **Scholarships** are available to anyone who is unable to pay registration fees per season. Forms can be found at the bottom of the registration page at www.pierresoccer.com.

U6	U8-U13+
\$30	\$50
\$11 SD Soccer (Insurance)	\$11 SD Soccer (Insurance)
\$4 Administration Costs	\$12 Administration Costs
\$2 Facilities	\$2 Facilities
\$3 Registration	\$3 Registration
\$4 Equipment	\$5 Equipment
\$4 Trainings	\$5 Trainings
\$2 Mission of Organization	\$2 Mission of Organization
	\$10 Referees





TRAININGS

The following training opportunities are FREE to all members of CASA. Please mark your calendars for these important dates:



U6/U8 COACHING MODULES TRAINING

Saturday, March 31st

9AM—Noon

Mandatory for ALL returning and new coaches.



U10/U12 COACHING MODULES TRAINING

Saturday, March 31st

1PM—3PM

Mandatory for ALL returning and new coaches.



“E” COACHING CERTIFICATE TRAINING

Saturday, April 14th

and

Sunday, April 15th

This Coaches Training is a national certification course for coaching U12 and above teams in Club and High School Soccer. The “E” is a prerequisite for the “D” course.

Go to www.pierresoccer.com to sign up for this training.



REFEREE CERTIFICATION TRAINING

Saturday, January 14th

and

Sunday, January 15th

For NEW and RETURNING Referees to be certified to ref soccer games in SD. See website for details.



1st ANNUAL REFEREE WHISTLESTOP TRAINING

Friday, March 30th

6PM—8PM

and

Saturday, March 31st

9AM—1PM

An annual New and Veteran Refs workshop for rule knowledge and building confidence for their job.

See more details at www.pierresoccer.com.

HIGH SCHOOL SOCCER

The Govs and Lady Govs finished a great fall HS Soccer Season with the Lady Govs taking 6th at the State Soccer Tournament.



South Dakota Soccer is in transition this next year as the SDHSAA has sanctioned HS Soccer as a school sport starting in 2012. South Dakota is the last of the states to sanction soccer in the schools.

Due to budget concerns over the past couple years for many school districts, many schools have opted to wait until after 2012 to make the transition from club soccer to sanctioned. CASA & the Pierre School District will be working on a transition plan for the sanctioning of high school soccer in Pierre, just as other school districts do the same.

Watch for more information over this next year in the newsletter and on the website at www.pierresoccer.com.

Follow GOVS LADY GOVS SOCCER on [FACEBOOK!](https://www.facebook.com/pierresoccer)



GOAL SAFETY

Please take the time to watch this video (see link below) with respect to a new law in the State of Illinois known as ‘Zach’s Law’. The video is extremely powerful. (As a parent of young children, it may be difficult to watch.)

In 2012, Illinois will become the first state in the nation to ban the sale and manufacturing of movable goals that are not tip resistant. Please share this video with all parents.

<http://www.youtube.com/watch?v=6i8KWPxb1j4>



HEALTHY CONCESSIONS/SNACKS

MUNCH CODE!

Colors to *live* by



PICK THE RIGHT SNACKS &
COLOR YOURSELF HEALTHY!

CASA has been working over the last year to provide some healthier snack choices at the concession stand during soccer games. Tiffany Sanchez and Kim Leiferman were apart of the Healthy Concessions group working to provide guidance across SD for moving toward providing healthier choices for snacks. Go to [MUNCH CODE](#) on FACEBOOK for FUN FACTS.

Many studies also show that many sports drinks are not needed for young players. Sports drinks are full of sugar and were meant to provide replenishment to an older athlete training for more than an hour of extensive activity.

GAME/PRACTICE SNACKS NOT REQUIRED

The CASA board voted this past month to eliminate any requirement for coaches/parents to provide snacks at practices/games. With the increasing worry of peanut products for those who are allergic and our commitment to keep kids active, we tend to defeat the purpose of a soccer practice/game with a sugary snack and sports drink afterwards. In our busy lives, we can forget it's our turn for snacks and the additional cost per family can be decreased without having to worry about bringing a snack. It will also help those families with early games to go right home for an evening meal together.

Questions? Call a board member.

FUNDRAISERS

1st Annual **FUN PASTA** Fundraiser was a **HUGE SUCCESS!** 52 CASA players sold over \$5000 in Fun Pasta Product. Any sales over \$4000 meant 50% profit for our group. Fun Pasta even supplied top sales gift certificates.

If you missed out on a Fun and Healthy gift giving opportunity, we will be doing this fundraiser again next year. We have over 400 soccer players and if everyone sold 10 items...the math says it all.

Fun Pasta hosted the website that you could send your family and friends to, as they are shopping for those hard to find gifts. One mom even made gift baskets around the Fun Pasta shapes for one of a kind gifts.

Profits from this fundraiser will go toward new goals for the U6—U12 and U13+ divisions.

Top Sales Winners

Abby Huebner

Jeremy Knigge

Reghan Chilson

Elizabeth Horan

Kyanne & Jarron Beck

1st Annual **NIGHT OUT** Fundraiser with **Dueling Duos** (*former local Ryan Merriam and Andy Gibson*) was Nov18th at the AmericInn, Ft. Pierre. The night was full of fun, silent auctions, snacks and great entertainment.

Dueling Duos donated tips from special requests and AmericInn donated from beverage sales along with ticket sales and silent auction bids, it was a great night to take a break from soccer and be entertained. The community was welcome to attend and the room was full for the event.

HUGE THANK YOU goes out to AmericInn owners for their excellent service for our event.

Watch for our next NIGHT OUT event!



COACHES

CASA has the most amazing parent coaches! Parents are willing to coach/asst coach soccer even though they only know a few things about the game. Our parents are great leaders and teachers of our young soccer players.

We have been asking state soccer to help us get all our parent coaches trained at the same time on the same game information for a few years, now. They have finally been able to take a full weekend course and break it down to an on-line and 3 hour classroom module for a state training tool.

We are busy parents, keeping our kids active and healthy and there aren't a whole lot of weekends left that we can spend on a training away from our families.

Because it is only a 3 hour training, CASA would like to get as many coaches and asst coaches to this module training (*done by the state coaching director*) as possible. It is **MANDATORY** to make every effort to attend this training.

Mark your calendars for

March 31st.

U6/U8—9am—Noon

U10/U12—1pm—4pm

Some of you will want to attend both sessions. This training is **FREE** to all our coaches. This training will be a great way to have common teaching stages of the game as we are building upon each stage for them to be successful for the next level of the game.

Go to www.pierresoccer.com for more details.

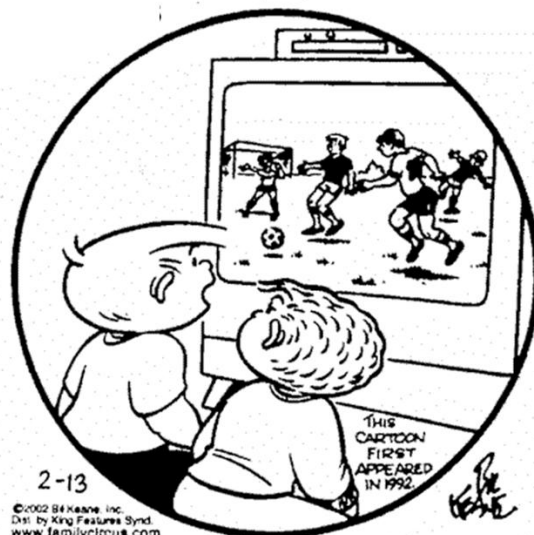


PARENTS

Positive Parents. That is the most important ingredient to a successful athlete in any sport. Encouragement, leadership, examples, consequences and communication all help our players become individuals in their games.

We are passionate parents as our child's number one fan. However, we can encourage and communicate too loudly sometimes. They can't hear us on the soccer field...and if they can, so can all the people around us. Sometimes our words are reactive before refs and coaches and players have had time to process what has just happened.

Our players will learn from our actions in leadership as we take a few seconds to observe before commenting. Our players will learn from our examples by volunteering to help on the sidelines or with clean fields or helping coaches where needed. Our players will learn much about the game of soccer from coaches and the game itself...They will learn life skills from their number one fan...Positive Parents.



"The reason they can play that good is their parents aren't yelling at them from the sidelines."



PLAYERS

U6-U8

Basic soccer skills for this age group are dribbling, receiving and passing. Social skills include, team work, listening, leadership, balance and perception. In combination, soccer is a great way for all kids to exercise and socialize. They might be the shyest or the loudest; they might be at a lower level of ball skill or at a high end for their age. No matter what the level is, there is room for everyone on each team as they are all learning something different to move onto the next level. Parents are also learning the “beautiful game” along with their players and building our soccer family.

The more times this age group touches a soccer ball, the more control they have as an older player.

Keep dribbling!

U10-U12

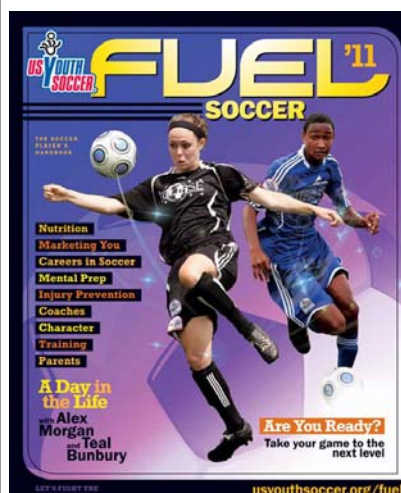
This division of players are using basic ball skills to improve on the next level of skills and game strategy. Learning to play on bigger fields and with more team members, players start to find the area that they like, and coaches see talent for areas on the team. These players can also take advantage of Indoor Soccer with a fast paced game that improves ball skills at the next level. They can in turn bring that fast ball skill back to the big field with more

accuracy and control.

U13—HS

ARE YOU READY?

- ◆ Are you Committed?
- ◆ Are you Disciplined?
- ◆ Are you Coachable?
- ◆ Are you Ready to Succeed?
- ◆ Are you Respected?
- ◆ Are you Mentally Strong?
- ◆ Are you a Leader?
- ◆ Are you a Team Player?



At this time of your athletic career you have an idea where you want to go in your sport. You have an idea what is needed to succeed in your area. You have an idea of how to and who will help you get you there.

Take some time to read this great article in [FUEL...Are you Ready?](#) And see where you are in the path to your goal.





HS COACHES APPLICATIONS

Capital Area Soccer Association

is accepting applications for all coaching positions for the 2012 high school soccer season.

Applications will be received from January 1—January 12, 2012.

Go to www.pierresoccer.com for the application form and requirements.

Go Govs!



DATES TO REMEMBERS!

- CASA Board Meeting—January 12th
- HS Coaching Applications Due—January 12th
- Referee Certification Training—January 14th & 15th
- Spring Registration Opens—January 23rd
- Spring Late Fees Begin—February 13th
- Spring Registration Ends—February 20th
- Team Selection/Coaches Mtg—March 5th
- Practices Begin—March 26th (weather pending)
- Game Schedule Postes—March 30th
- Referee Whistle Stop—March 30th & 31st
- Mandatory Coaches Training—March 31st
- E Coaching Certificate Training—April 14th & 15th
- Games Begin—April 9th (U8+) & April 14th (U6)
- Games End—May 17th (U8+) & May 19th (U6)
- U10 Tournament—Pierre—April 28th



CAPITAL AREA SOCCER ASSOCIATION

PO BOX 704

PIERRE, SD 57501

www.pierresoccer.com

BOARD

President - Kim Leiferman
 Vice President - Claudean Hluchy
 Treasure - Denise Foster
 Secretary - Tiffany Sanchez
 Registrar - Vickie Samuelson
 Past President - Tom Rounds

COORDINATORS

U6 - Heath Schnee
 U8 - Josie Peterson
 U10 - Bill Gore
 U12 - Troy Stuklen
 U13+ - Steve Case & Kelsey Webb
 Field Coordinator - **VACANT**

Equipment Coordinator - **VACANT**

Concessions - Robin Thorpe
 Uniforms - Nicole Taylor
 Communication - Kim Leiferman
 Schedules - Bob Sutton
 Referees - Terry Erickson
 Risk Manager - **VACANT**